



February 2019



Dear Parents

Welcome to our Nursery News for the month of February 2019. There are still signs of us being embedded in Winter but hopefully we will soon see glimpses of Spring as February draws to a close. This month will be a particularly busy one so please take a few minutes to catch up on all the events and activities we have planned for the children. We have a lovely new storage unit in the entrance hall and this will be used for our Maths is Fun table so I would appreciate it if the children did not remove the boxes and resources.



Our theme this month is '**People Who Help Us**' and our colour is '**RED**' - so children are encouraged to help build up our red displays in the classroom by providing interesting things from home.

During the month we will welcome a wide range of visitors to the school to help us with the theme:

'People Who Help Us'



On **Friday 1st February** and every 2 weeks thereafter until the end of June, we will run the Little Stars Programme and welcome Sinead Yorke from Relax Kids. This project has been funded by an Awards for All grant that we applied for in Term 1. Sinead will introduce the 7 step system which takes children from high energy to a lovely chilled out and relaxed state using techniques that will help the children to lower stress and worry whilst improving concentration and confidence. Relax Kids supports good mental health, self esteem, resilience and emotional well being which is central to a child's development. We hope to have a parents session when parents will hear more about the project as well as ways in which Mindfulness techniques can be used at home. In the third term we also hope to run a family session which will be beneficial and fun. So, we look forward to chilled out Fridays!

From the beginning of February **Adventure Ted** and **Adventure Tess** will visit the boys and girls in the Yellow Room while the children in the Red Room will have the opportunity to enjoy our Storysacks. Details of how both projects operate will be sent home along with Nursery News.



On **Tuesday 12th** we are lucky that Andrew Moore, (Sophia's dad) a paramedic will visit us along with the Children's Ambulance. The children will learn all about the work of the paramedic and see around this very special ambulance.



On **Friday 8th February** we are pleased to be able to invite parents to our Parent and Child storytelling event. Librarian, Julianna Ballentine will visit the Nursery and do a storytelling session at **10.30am for Yellow Room children and parents and 11am for Red Room children and parents**. Please come along and join your child if you are free!

Parent consultations will take place during the week beginning 11th February. Mrs Perry will have interviews on **Monday 11th**, Mrs Ingham will have interviews on **Tuesday 12th** and Miss Adair's interviews will be on **Thursday 14th February**. Schedules will be placed on the classroom doors on Monday 4th February so please sign up for a convenient time.



We also hope to welcome back to the Nursery Ken Butler and his wonderful Police motorbike. Policeman Ken will chat to the children about his work as a policeman and will relay some very important Stranger Danger message to the children to reinforce the messages from Police Lady Emma and you never know the children may get the chance to sit on the amazing police motorbike.



With the help of the Hannah Beale's mum and the Airport Fire and Rescue Service, we have arranged an exciting visit to the school on **Monday 25th February**. The children will be given the opportunity to dress up in real Firefighter uniforms, see the emergency fire vehicle and have a go with the hose!



On **Tuesday 26th (Yellow Room) and Wednesday 27th (Red Room)** we will look forward to one of the highlights of the nursery year – our trips to Bangor's Bus and Rail Station to meet the people who help us there! The bus and rail inspectors sometimes organise very special surprises for the children. We would welcome the help of parents on the day so further details and a permission letter will be issued soon.



Some very brave parents have volunteered to come along to their child's class to share their job or hobby with the children. We would love to hear from other parents who would like to help with our People Who Help Us theme. Don't be shy! If you are a pilot, a nurse, or an astronaut please come forward especially if you don't mind 27 enthusiastic little people with lots of questions!



We hope to set up hospitals in both classrooms this month so if you know anyone who can help us with items for this we would appreciate it. Things such as nurse uniforms, bandages, stethoscopes, x-ray pictures, even a skeleton or 2 would be helpful!



Fundraising News Our Big fundraiser for this term is the **Trinity Nursery Festival of Racing!** A Night at the Races, which is scheduled to take place on Friday 29th March at Bangor Rugby Club so please put this date in your diaries. You have the opportunity to sponsor a race or buy a racehorse, which hopefully will be a winner on the night! This is a great night's entertainment and we hope that you are able to come along and support the Nursery. Friends and family are also welcome, the more the merrier! Full details will be available in the coming weeks.

You may have noticed that already the daffodils are beginning to peek above the ground, so in order that we will have a lovely display I would ask parents to encourage their children **not** to climb the steps in the car-park and run along the grass where the daffodils are growing.



A very happy birthday this month to: Jake Mills and Ella Rose Wells



The nursery will be closed for half term from **Monday 18th ~ Friday 22nd February**

Reopening on **Monday 25th February**

Snack & Enrichment Fund for the second half of Term 2 becomes due after the half term break. For this period the Enrichment Fund will be £42 and is due by Friday 8th March.

Two other small reminders which will help with the efficient running of the nursery are;

- Please remember to return any borrowed sweatshirts, track bottoms etc as our supplies are much depleted.
- We would appreciate it if parents sent in dinner money every Monday. Please send the correct amount as we do not keep cash on the premises and change can be difficult to make.

As the weather still remains cold if you have not already done so, please send in a labelled warm hat for our outdoor hat box for your child to wear during outdoor play.

Thank you for your continued support. Best wishes to you all.

Have a great month from the staff of Trinity Nursery School.





Everyday and Everyway Talking about... February



Valentine's Day and our "People Who Help Us" theme are both in February. It's a good time to both think about those who help us, starting with mum and dad, and to celebrate family by thinking about those you love. Children can learn many things by celebrating these two themes.

Try these activities, songs, books and crafts to help your child learn. Speak, sing, and talk about books with your child in your own language.



Activities

Valentine's Day

- Talk about what this day means. Talk about how we send cards to tell people we love them.
- Talk about all the people your child loves. Make a list of the people that you will send a card.
- Let your child pick out the cards to send. Let him write his name on the card.
- Let your child make his own Valentine cards. Help him cut out hearts and write notes on them. He or she can draw or paint a picture to send them as a gift.
- Make heart-shaped sugar cookies together. Your child can use the cookie cutter and can help put icing and decorations on them.



People Who Help Us

Encourage your child to tell you about all the visitors to the Nursery this month such as the Nurse, the Vet, the Dentist, the Policeman, the Fireman etc. Talk to your child about the visit to the Bus & Train Station. Help them to recall everything they did and were able to see there.



Out and About

- As you walk outside help your child to recognise people who help in the Community such as Police, Ambulance Drivers, shop assistants and so on.
- Look out for signs that indicate people who help us, such as the green cross of a chemist. Also, help your child to recognise people who deliver the post and newspapers, and vehicles for carrying food.



Songs and Rhymes

Want to learn more songs and rhymes and rhymes?

Look for a parent-child music class in your area.

10 Little Hearts (Author unknown)

1 little, 2 little, 3 little red heart
4 little, 5 little, 6 little red hearts
7 little, 8 little, 9 little red hearts
10 little wiggling red hearts

(count your fingers as you sing and wiggle them when you get to the end)

Miss Polly had a Dolly

Miss Polly had a dolly who was sick, sick, sick
So she phoned for the Doctor to come quick, quick, quick
The Doctor came with his bag and his hat
And he knocked on the door with a rat-a-tat-tat
He looked at the dolly and he shook his head
And he said "Miss Polly put her straight to bed"
He wrote on a paper for a pill, pill, pill
I'll be back in the morning with my bill, bill, bill.

Who Helps Us?

(Tune Polly Put the Kettle On)
Farmers grow the good we eat (x3)
They help every day.
Thank you farmers for our food (x3)
They help ev'ry day.
Doctors help to make us well (x3)
They help ev'ry day.
Thank you doctor now I'm well (x3)
They help ev'ry day.

If You're Happy and you know it

If you're happy and you know it, clap your hands
If you're happy and you know it, clap your hands
If you're happy and you know it
And you really want to show it
If you're happy and you know it, clap your hands.
(change it up and add other actions like stomp your feet, nod your head, jump up and down or hug a friend)

Singing is a great way for children to learn new words. Don't forget to make up actions for songs.

Drawing, colouring cutting and making crafts help children learn skills they later need for writing

Books

There is a great selection of books available on this theme. Visit the local library or have a browse through the nursery library box. We recommend . . .

The Jolly Postman by Janet & Allan Ahlberg
Funnybones by Janet & Allan Ahlberg
Mrs Lollipop by Dick King-Smith
Fireman Sam & Postman Pat series

The children enjoy information books too such as . . .

My Visit to the Dentist by D Bentley
Jobs People Do by Christopher Maynard
A Day in the Life of series by Carol Watson
(titles cover an ambulance team, baker, dentist, doctor, farmer, fire-fighter, hairdresser, police officer, postman, refuse collector and teacher)

Soft Sugar Cookies

(as a special treat)

Materials needed: 1 cup butter, 1½ cups sugar, 2 eggs, 1 teaspoon vanilla flavouring, 1 teaspoon almond flavouring, ⅔ cup milk, 4 cups flour, 2½ teaspoons baking powder, 1 teaspoon salt

Instructions

Cream together butter and sugar until light and fluffy.

Mix in eggs, vanilla and almond flavouring.

Add milk and mix well.

Sift together flour, baking powder and salt. Gradually add flour mixture and mix well. Refrigerate overnight. Roll dough to desired thickness and cut with favourite cookie cutters. Bake in a 180° oven for 8-10 minutes. Let cool and decorate with your favourite icing.

Crafts

Heart Wreath

Materials needed: red and pink card, paper plate, scissors, glue

Instructions

Cut a circle out of the middle of the paper plate so it leaves a ring about 2-3 inches wide.

Cut out a lot of red and pink hearts large enough to cover the plate.

Write the name of someone or something that your child likes on each of the hearts. Glue hearts on the paper plate covering the entire plate ring.